# The Florida Association of School Social Workers proudy presents

# The 75th Annual State Conference

O'Diamond Judifee Cefebration

Hilton Tampa Airport Westshore
Tampa, Florida
October 5, 7, 2022

October 5-7, 2022



WOW, 75 YEARS! This year's Annual Conference is extra special as we use the occasion to celebrate the Florida Association of School Social Workers 75th anniversary and to celebrate the successful impact of school social work services in public education. This annual event is an amazing opportunity for school social workers from across the state to come together to learn from one another and others and to dive into the critical issues that all of us face in our profession.

As School Social Workers we have an obligation to be the voice for our students. We must continue to drive district, state, and national dialogue not only about public education, but also around issues of diversity, poverty, public policy, and economic opportunities that impact the lives of our students. We must make the time to transcend the often times overwhelming day-to-day management of District expectations and truly lead at the local, state, and national levels. School Social Workers have the tremendous power to impact the lives of children across our Districts and State. We need to continue to find ways to make education relevant so that students are prepared to face the challenges in their lives.

As you know the Florida Association of School Social Workers annual conference is held in different districts throughout the state, Hillsborough County was selected as the Host County for this 75th Annual Conference as Hillsborough is the birthplace of the Florida Association of School Social Workers.

This year's conference will host over 30 professional development opportunities through Keynote Speakers and Workshop Presentations from School Social Workers throughout the state and community mental health leaders. The value of professional development and networking at our state conference's is incalculable. There will be hundreds of years of knowledge and experience gathered here for the sole purpose of sharing their best practices and helping you to improve your practice and better serve your students and districts.

I urge you to continue making attendance at the Florida Association of School Social Workers Annual Conference a priority. Your presence is an indication that you are committed to making a positive difference, not only in your own district, but throughout your state and the country.

KNOW that the Executive Board and I are here to help you. If there is anything we can do for you, please do not hesitate to contact us.

It is truly an honor for me to serve as your president, Lynette Judge



# 2022 FASSW Executive Board

President: Lynette Judge, MSW, RCSWI

Vice President: Jennifer Frye, MSW, LCSW

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Member At Large: Dr. Wilfredo Nieves, PhD, LCSW



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Conference Chair: Lynette Judge, MSW, RCSWI

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Membership: Katey Bellwood, MSW, LCSW

Student Representative Outreach to MSW: Open

University Liaison: Dr. Robert Lucio, PhD., LCSW

SSW Consultant (Student Services Project - USF / FDOE): Beverley Wilks, MSW, RCSWI

# A Very Special Thank You to the Hillsborough County Host Committee

Beverly Adams

Juanita Colleton

Nikki Counce

Julie Dumois-Sands

Melissa Enzor

Ann Grimaldi

Vaniece Johnson

Marissa Mitchell

Jessica Nehila

Jadell Patricio

Marta Rodriguez Rivera





Jane Castor, Mayor

### Greetings:

It is a pleasure to welcome you to the Florida Association of School Social Workers' (FASSW) 75th Annual School Social Work Conference on October 5-7, 2022, held at the Hilton Tampa Airport Westshore Hotel in Tampa, Florida. The event features the 2022 theme Helping Students Shine Brighter: Impacting Students Lives Yesterday, Today, and Tomorrow Through 75 Years of School Social Work Services and includes a Diamond Jubilee Celebration. The very first FASSW Conference was held in 1942 in Tampa, and it is auspicious that we welcome you back as you celebrate this milestone 75th Anniversary. Appreciation is extended to the Hillsborough County Public School District Host Committee for their efforts in ensuring the conference is enjoyable for all attendees.



The Florida Association of School Social Workers' mission is to serve children in many unique and diverse roles in a variety of educational settings. The contributions, leadership, and professionalism of its dedicated members are invaluable to ensuring that school children of our state receive the support they need to succeed. This comprehensive conference provides the opportunity for FASSW members to gain valuable knowledge and enhance their practice through continuing education, networking, and resource building.

While you are visiting, I encourage you to experience Tampa and discover our exciting nightlife, selection of great restaurants and shopping areas, and our many attractions including The Florida Aquarium, Busch Gardens, and ZooTampa at Lowry Park. Of particular interest are the Tampa Bay History Center, Tampa Museum of Art, Glazer Children's Museum, Curtis Hixon Waterfront Park, Water Works Park, Julian B. Lane Riverfront Park, and Sparkman Wharf, all located along the Tampa Riverwalk, and nearby Perry Harvey, Sr. Park, each honoring our community's history, heritage, and commitment to the arts. Not to be missed, Midtown Tampa, an exciting mixed-use district connecting Westshore and downtown Tampa and beautiful Bayshore Boulevard.

Again, welcome. Congratulations on FASSW's 75th Anniversary milestone, and best wishes for a pleasurable and productive conference.

Sincerely,

Jane Castor

School Board
Nadia T. Combs, Chair
Henry "Shake" Washington, Vice Chair
Lynn L. Gray
Stacy A. Hahn, Ph.D.
Karen Perez
Melissa Snively
Jessica Vaughn



October 5, 2022

### Dear Conference Participants,

It is my pleasure to welcome you to the Florida Association of School Social Workers' (FASSW) 75<sup>th</sup> Annual Conference "Diamond Jubilee Celebration." School Social Workers are a vital part of our schools and the communities we serve. You are a link between students, parents, school staff and the school district. Through your work, you give hope, show compassion, provide support and take action by making a difference to students and families each day.

I wish you continued learning and professional development as you participate in the 2022 FASSW conference, and I hope you enjoy your time here in Hillsborough County.

Thank you for all you do for students throughout the state of Florida and for the difference you make each day.

Respectfully,

Addison G. Davis Superintendent of Schools





Karen Perez, LCSW., CSMC., CCFC.

### Dear Attendees,

As you celebrate your 75th annual conference, I would like to welcome you to Hillsborough County. As your Honorary Chair, I hope you enjoy the camaraderie, professional development and growth that attending a conference allows you. Please know as a fellow Social Worker and a school board member I know the tireless work you do for our students throughout the state of Florida.

Through your dedicated work, lives are transformed every day in our schools.

As you participate in this conference, we in Hillsborough County Schools are proud to be the county where the first organizational meeting of School Social Workers took place in 1942. 80 years later, School Social Workers are still playing a unique role in the educational setting. Like the conference theme, you all help students shine brighter by impacting your students' lives yesterday, today, and tomorrow.

I look forward to meeting you all and wish you all a productive and enlightening conference.

JOSRS C874C, CCPS

Sincerely,

Karen Perez, LCSW., CSMC., CCFC.

School Board Member

Hillsborough County Schools

District 6



# Keynote Speaker Spotlight Dr. Scott Richman "Focus on the Positive"



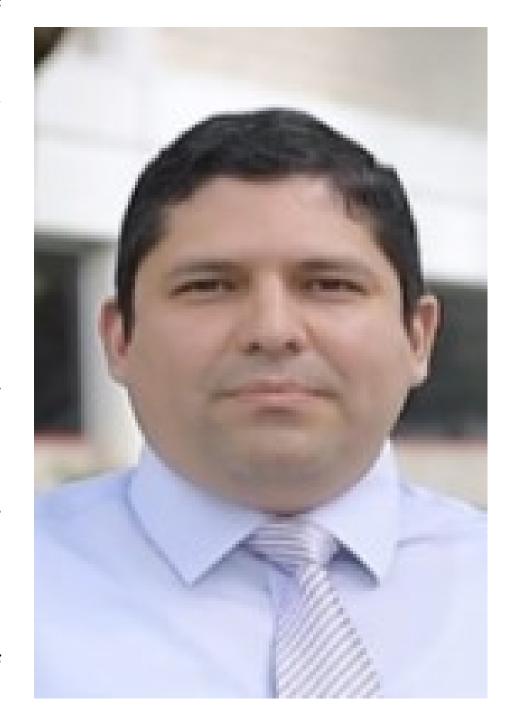
Scott Richman is a supervisor in the Professional Development Office with Hillsborough County Public Schools, a position he has held since May 2007. He has experience teaching grades 5-9. He earned his Doctorate in Educational Leadership from the University of South Florida in 2010. He also serves as an Adjunct Professor at Florida Southern College and Hillsborough Community College. His wife is a teacher in Hillsborough County. Their son also teaches in HCPS. Their daughter is a Registered Nurse with Arnold Palmer Children's Hospital in Orlando.

# Keynote Speaker Spotlight

# Dr. Abraham Salinas-Miranda, MD, MPH, PhD

"The Social Ecology of Positive and Adverse Childhood Experiences"

Dr. Salinas is an Assistant Professor (Research Track) at the University of South Florida College of Public Health (Policy, Practice, and Leadership Strategic Area; MCH Concentration). He serves as the Director of the Harrell Center for the Study of Family Violence at the College of Public Health, University of South Florida. Dr. Salinas is also the Associate Director of the Center of Excellence in Maternal and Child Health Education, Science, and Practice. Dr. Salinas holds degrees in medicine and public health, and numerous awards. He is a Fulbright Alumni from Nicaragua. He was inducted to the Delta Omega Honorary Society in Public Health in 2014 and became a Fully Elected Member of the American College of Epidemiologists (a credential-based distinction). Most recently, he received O1A Granted Status from USCIS (Individuals with Extraordinary Ability or Achievement in Science - Public health science field). He is an active member of professional associations, including the Family Violence Prevention Caucus (FVPC) at the American Public Health Association (FVPC immediate past chair 2017/2018), Association of Teachers in Maternal and Child Health, International Society for the Prevention of Child Abuse and Neglect (ISPCAN), Association of Domestic Violence Intervention Providers, Florida Infant Mental Health Association (FIMHA), and others.



His research and publications have addressed multiple aspects of maternal and child health and family violence including adverse childhood experiences, intimate partner violence, youth violence, child maltreatment prevention programs, biopsychosocial model of substance use, national trends of adverse pregnancy outcomes, quality of life in pregnancy and postpartum, community-based participatory research, pre-conceptual care, care of the newborn, and the training of medical and public health providers.

He teaches the graduate course Family & Community Violence in Public Health, numerous lectures in maternal and child health, and training in domestic violence topics for health professionals. Dr. Salinas carries out his scientific mission through academic-community partnerships, including projects with the Hillsborough County Domestic Violence Task Force, Child Welfare/Domestic Violence group, Infant Mental Health Steering Committee, and others. At the state, regional, and national level, he continues to provide technical assistance to Title V and other MCH-related programs. Most recently (2019), he co-developed the Interdisciplinary Research Lab in Women's Health and Gender-Based violence with the School of Social Work and other interdisciplinary faculty.

Dr. Salinas hopes to continue serving as a bridge between academia (faculty, students) and practice (community organizations) to jointly address the determinants of family violence and improve maternal and child health in our communities.

# Keynote Speaker Spotlight Brittany Hamilton, LCSW and Lillian Perez, LCSW Burnout and Boundaries



Brittany is a Tampa, Florida native and proud dog mom to her dachshund and husky. She completed her Bachelor of Social Work and Master of Social Work degrees at the University of Central Florida in Orlando, and she became a Licensed Clinical Social Worker in 2017. Prior to her current role as a District Mental Health Clinician for Hillsborough County Public Schools, Brittany was a school social worker serving specialized populations, including military children on MacDill Air Force Base and children experiencing homelessness and living in shelter. Aside from her work in the school system, Brittany is passionate about working with incarcerated individuals, having provided therapeutic services for adolescents in court-ordered residential treatment facilities and training for adults in the criminal justice system. She is a Nationally Certified Youth Mental Health First Aid Instructor and was named Florida's top trainer in 2021 for having taught the most individuals in the State. She is a Qualified Supervisor for social workers seeking licensure in Florida and feels most passionately about educating others in the clinical work that social workers provide to enhance mental health on all levels. She is currently earning her certification in Dialectical Behavioral Therapy and looks forward to supporting other social workers and colleagues in paving the path for best practices to come.

Lillian is originally from Connecticut and moved to Florida 11 years ago to escape the cold winters. She is a proud mom to three amazing adult children. She graduated from Fordham University in New York with a Master in Social Work, specializing in Addictions. She is a Licensed Clinical Social Worker and began her career in Community Mental Health working in the area of Addictions and Mental Health. Lillian worked as a therapist in the Latino community before her transition into School Social work. She has worked for many years as a private practitioner and is a Florida Qualified Supervisor for Clinical Social Work Interns.

She is one of the districts trainers in the Comprehensive School Threat Assessment Guidelines and is a Nationally Certified Youth Mental Health First Aid Instructor and along with Brittany was named Florida's top trainer in 2021 for having taught the most individuals in the State. She is actively involved the District's Latinx Forum where she continues to advocate for the Hispanic community.

Currently, she is 1 of 7 District Mental Health Clinician's with Hillsborough County Schools. In her current role she works closely with the student services teams of over 30 schools to make sure that students have access to mental health services. Lillian is also part of the Districts Crisis Team. She works closely with community agencies throughout Hillsborough County to ensure that students and families have the emotional support and guidance they need during difficult times. She is passionate about advocacy, education, and supporting students and families so that they may be successful in their pursuits.

The topic of Burnout and Boundaries is a very important topic to her having experienced it herself early in her career. She understands the emotional and demanding nature of our work as social workers and realizes how burnout is a significant problem in our field. She feels it is essential for us to recognize the warning signs, practice prevention, and engage in adequate self-care.



# Keynote Speaker Spotlight

# Tamikia Berry and Ekyoma Doilicho:

"Addressing Barriers To Parent Engagement"

Ms. Tamikia Berry, MSW is a school social worker for Hillsborough County Public Schools. She has been with the school district since 2006. She has worked primarily in high needs schools an understands the importance of engaging all stakeholders. Ms. Berry received her bachelor's degree in social work from Florida A & M University and her master's degree in Social Work from The University of Denver. In her free time, she enjoys spending time with her family and friends, doing community work with her sorority, traveling, learning new things, and reading books.





This is Ekyoma Doilicho's sixth year as a school social worker in Hillsborough County. She would like you to note how she got to speak today is because she chose to say "yes, I will serve on the professional development team for school social workers" thinking she did not have to go on stage in front of people to present, but learned in the process, saying yes can be good sometimes. She also learned that the at the core of student's success is parent engagement. Ekyoma graduated with her master's in social work degree from the University of South Florida in 2016. She has served in the professional development team of Hillsborough County School Social Workers for 2 years and is now serving as a team leader. In her spare time, she likes spending time with family and friends, learning how to ride a bike, drinking coffee, and reading occasionally.



# Dr. Chester Wilson, Jr., EdD, CAP, CMHP

Since relocating to Daytona Beach in 1999 with his wife April, Dr. Chester Wilson, Owner of CW Consulting Firm, has given back to the community in many ways. For over 20 years, he's been part of a local behavioral health organization, focused on providing behavioral healthcare services. Dr. Wilson also taught college as a professor for his Alma mater, Bethune-Cookman University. In 2013, Dr. Wilson used his education, experience, passion for giving back to the community, and genuine desire to better people's lives to launch and grow CW Consulting Firm. Dr. Wilson shared his story behind CW Consulting Firm, the challenges experienced, and the impact he hopes to make.

What Dr. Wilson enjoys most is motivational speaking. He's a different person when he's behind the microphone. He thrives on sparking the drive that's intrinsically in all of us. Dr. Wilson shared that most people don't know their own potential. As a dedicated Christian, Dr. Wilson enjoys motivating people to take action and make manifest of what they were put on this earth to do.

Even though Dr. Wilson is a wealth of inspiration and knowledge, like the rest of us, he remains open to learning and continuous improvement. He considers himself a "Life Learner". He shared some of the things he learned along the way and gave credit to an important person, his wife, that was with him every step of the way.

Dr. Wilson's life's mission is to utilize my acquired skills to assist individuals, families, and communities in need. It is my desire as a life learner to ensure that others are given the opportunity to acquire skills that will afford them the opportunity for professional and personal growth.

# 2022 Conference At A Glance

## Wednesday, October 5, 2022

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7:00 – 4:00 ---- Registration
7:00 – 8:30 ---- Continental Breakfast
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8:00 – 8:30 ---- Conference Greetings

8:35 - 10:35 - General Session I

Dr. Scott Richman: "Focus On The positives"

10:45 - 12:00 - Workshops I

12:00 - 1:30 --- Lunch on Your Own ----- Administrators' Luncheon in the Harbour Room

1:30 - 2:45 ---- General Session II

Dr. Abraham Salinas: "The Social Ecology of Positive and Adverse Childhood Experiences"

2:55 – 4:10 --- Workshops II

## Thursday, October 6, 2022

7:00 - 4:00 ---- Registration

7:00 - 8:30 ---- Continental Breakfast

8:00 – 8:30 ---- Conference Greetings

8:35 - 10:35 - General Session III

Brittany Hamilton and Lillian Perez: Burnout and Boundaries

10:45 - 12:00 - Workshops III

12:00 - 1:30 --- Lunch on Your Own

Regional Representatives Luncheon Harbour Room

1:30 - 2:45 ---- General Session IV

Tamikia Berry and Ekyoma Doilicho: "Addressing Barriers To Parent Engagement"

2:55 – 4:10 --- Workshops IV

5:00 - 8:00 --- President's Reception - Celebrating FASSW's Past, Present, and Future

## Friday, October 7, 2022

7:30 - 8:00 ---- Welcome

7:30 - 8:00 --- Coffee Bar

8:30 - 11:30 --- Hillsborough County Presents

12:00 - 2:00 --- Awards Luncheon

Grand Prize to be awarded during the Awards Luncheon, must be present to win!



# Workshop Sessions and Locations

# Workshop Session I

- Building Relationships & Restoring Respect in Schools presented by Katie Burlile, David Sonicka, Brittney Jenkins, Kristen Wilson Gasparilla Ballroom 1
- Embracing School Attendance to Help All Students Succeed presented by Melissa Burke Gasparilla Ballroom 2
- Student Journey Mapping presented by Cristiane Bonella Gasparilla Ballroom 3
- Summer Fun Surviving Childhood ACES presented by Norma Pruitt Gasparilla Ballroom 4
- **HELP! Advocating for McKinney-Vento Students** presented by Dr. Shamara Byrd and Krysten "Kally" Love *Bayshore Room 4*
- What Works Keeps on Working: Several Years with the WOWW Program Richard Strickland and Kathy "Nikki" Counce *Bayshore Room 5*
- Neurobiological Treatment of Trauma presented by Hillary Straus Bayshore Room 6
- **DEI: Diversity, Equity, Inclusion Meeting Student and Faculty Needs** presented by Marcia Gonzalez-Monroe and Doris Griggs Nardelli *Harbor Room*
- Embracing the Needs of LGTBQ+ Youth Through Affirmative Care presented by Noelle DeLaCruz
   Tampa Bay Room

# Workshop Session II

- The Grooming of our Youth-Human Trafficking Prevention presented by Dotti Groover-Skipper Gasparilla Ballroom 1
- BRAVE: Be Resilient and Voice Emotions presented by Jennifer Wills Gasparilla Ballroom 2
- Student Journey Mapping presented by Cristiane Bonella Gasparilla Ballroom 3
- FLDOE: Student Support Services Update presented by Beverley Wilks Gasparilla Ballroom 4
- Working Together: Integrating School Social Work Services into The Multi-Tiered Systems of Support presented by Aja B. Smith Bayshore Room 4
- Adverse Childhood Experiences and Education Motivation of Young Mothers of Color During the COVID-19 Pandemic presented by Dr. Abraham Salinas and Adesola Orogade *Bayshore Room 5*
- School Social Workers Achieving Renewal Through Self-Care and Stress Reduction presented by Marva Furlongue-Laver *Bayshore Room 6*
- NASW 3-Hour CEU Training Harbor Room
- Embracing the Needs of LGTBQ+ Youth Through Affirmative Care presented by Noelle DeLaCruz Tampa Bay Room



# Workshop Sessions and Locations

# Workshop Session III

- A Cultural Understanding of Supporting African American Women Experiencing Domestic Violence presented by Dr. Andrea Kenney Gasparilla Ballroom 1
- Burnout and Boundaries Part II presented by Brittany Hamilton and Lillian Perez Gasparilla Ballroom 2
- Stranahan High School Mentoring Tomorrow's Leaders (MTL) presented by Lilia Francois-Edouard - *Gasparilla Ballroom 3*
- What About My Dad? Encouraging Father & Father Figures Participation for School Success presented by Domilco Heredia and Lourdes Hernandez-Gonzalez *Gasparilla Ballroom 4*
- Interprofessional Collaboration Among School Mental Health Professionals: A Best Practice Approach presented by Dr. Shannon Gillespie *Bayshore Room 4*
- Retirement Planning: Yesterday, Today, & Tomorrow presented by Dr. Kenneth Gaughan, Dr. Laurel Thompson, Dr. David Chamberlin, Dr. Benita Tillman Brown, Dr. Mev Waskiewicz Bayshore Room 5
- Addressing Toxic Stress in Immigrant Children presented by Lutcharde Darius Bayshore Room 6
- **HELP! Advocating for McKinney-Vento Students** presented by Dr. Shamara Byrd and Marta Rodriquez-Rivera *Harbor Room*
- Advocacy 101: Helping School Social Workers Engage in Effective Advocacy presented by Dr. Robert Lucio, Melanie Birken and Lenny Mujica *Tampa Bay Room*

# Workshops Session IV

- ABA Essentials: Assisting Individuals with Disabilities Overcome Challenges that may Impede Upon Their Academic and Social Progress presented by Elyscha Harris Gasparilla Ballroom 1
- **Depression In Youth** presented by Marcia Gonzalez-Monroe and Doris Griggs Nardelli- *Gasparilla Ballroom 2*
- Stranahan High School Mentoring Tomorrow's Leaders (MTL) presented by Lilia Francois-Edouard Gasparilla Ballroom 3
- What About My Dad? Encouraging Father & Father Figures Participation for School Success presented by Domilco Heredia and Lourdes Hernandez-Gonzalez *Gasparilla Ballroom 4*
- The Science of Hope (Healthy Outcomes Through Positive Experiences presented by Nikki Daniels Bayshore Room 4
- Retirement Planning: Yesterday, Today, & Tomorrow presented by Dr. Kenneth Gaughan, Dr. Laurel Thompson, Dr. David Chamberlin, Dr. Benita Tillman Brown, Dr. Mev Waskiewicz *Bayshore Room 5*
- Building Social Brides: Tools for Connecting, Communicating, and Coping for Youth Today presented by Carol Miller *Bayshore Room 6*
- Community Schools: The Next Generation in Public Education presented by Jay McNair Harbor Room
- Advocacy 101: Helping School Social Workers Engage in Effective Advocacy presented by Dr. Robert Lucio, Melanie Birken and Lenny Mujica *Tampa Bay Room*



# A Cultural Understanding of Supporting African American Women Experiencing Domestic Violence presented by Dr. Andrea Kenney

This presentation will discuss the unique experiences of African American women victims of domestic violence (DV) which require an understanding of this group's beliefs and values. Having awareness of the cultural influences on African American women's help-seeking behaviors can assist in maximizing services and support to this group. Additionally, cultural awareness encourages a positive alliance with African American women thus supporting the safety and wellbeing of this cultural group.

# ABA Essentials: Assisting Individuals with Disabilities Overcome Challenges that may Impede Upon Their Academic and Social Progress presented by Elyscha Harris

Applied Behavior Analysis focuses on how environment affects one's behaviors. Each of us responds differently to various teaching styles associated with academics, self-care, and social integration. Tapping into the learner's unique instructional needs yields a more effective teacher. Individuals with disabilities often present with greater limitations and / or more specific needs. This workshop will cover core strategies that will aid supports in assisting individuals fulfill their goals.

### Addressing Toxic Stress in Immigrant Children presented by Lutcharde Darius

Many immigrant children experience toxic stress concerning various factors such as housing instability, separation from parents, and school interruption. This presentation will discuss findings from research-based articles regarding toxic stress and its impact on their overall functioning. Further, participants will explore and share optimal ways to respond to and support immigrant students and their families.

# Adverse Childhood Experiences and Education Motivation of Young Mothers of Color During the COVID-19 Pandemic presented by Dr. Abraham Salinas and Adesola Orogade

This presentation will assess the association between Adverse Childhood Experiences (ACES) and educational motivation among African American and Hispanic young mothers in the US during the Covid-19 pandemic. ACES were significantly associated with low educational motivation among young mothers of color. Schools should implement and intersectional equality and trauma-informed framework to foster educational motivation among young mothers of color.

# Advocacy 101: Helping School Social Workers Engage in Effective Advocacy presented by Dr. Robert Lucio, Melanie Birken, and Lenny Mujica

This presentation will provide School Social Workers with an understanding of the advocacy action steps within a School Social Work framework. The FASSW legislative committee will share insight into our legislative priorities and discuss action steps moving forward. In addition to strengthening advocacy and leadership skills, participants will be able to develop a personal advocacy action plan. As agents of change, SSWs impact the equity and social justice issues our students face.

### BRAVE: Be Resilient and Voice Emotions presented by Jennifer Wills

The BRAVE Program (Be Resilient and Voice Emotions) seeks to break down the stigma associated with seeking assistance accessing supports for Mental Health. Using a holistic approach, the BRAVE program strives to make sense of a complicated system of care and support families throughout the process. Ensuring that all of the family's social, emotional, mental and physical health needs are met through engagement and rapport with a Community Health Associate.



# Building Relationships and Restoring Respect in Schools...Katie Burlile, David Sonicka, Brittney Jenkins, Kristen Wilson

The goal of every School Social Worker is to build relationships with staff, students, and families. Unfortunately, there is a lack of healthy relationships being built through the school system. School Social Workers are charged with bringing back those relationships and restoring the respect throughout. This training will provide attendees with the tools and techniques needed to restore the atmosphere of respect and assist their school communities with building and maintaining healthy relationships.

# Building Social Bridges: Tools for Connecting, Communicating, and Coping for Youth Today presented by Carol Miller

Social Bridges provides students with the tools to connect, communicate, and cope with life's daily challenges. The Social Bridges ToolBox Curriculum provides teachers with engaging and interactive lessons that are easily integrated into the school day. By providing students with social emotional tools that enhance individual wellness and improve communication, teachers can remedy the social skills deficits that typically contribute to off-task or unhelpful behaviors. Our simple but effective strategies enhance your students' abilities to self-regulate, self-advocate, and work collaboratively with others.

### Burnout and Boundaries Part II presented by Brittany Hamilton and Lillian Perez

Personal, professional, and worldly stressors contribute to our overall health and wellbeing. In this training, participants will develop a greater understanding of burnout, differentiating it from compassion fatigue, and explore how self-care and after-care can assist with self-preservation. Opportunities for open and authentic communication within this training will lead to collaborative brainstorming and planning to create an environment of support and innovation. Furthermore, participants will reflect on practices to feel inspired to "find your mojo" while remaining productive and achieving balance

### Community Schools: The Next Generation in Public Education presented by Jay McNair

Research has shown that community schools as a local engagement strategy creates and coordinates opportunities with public schools to accelerate student success. Community schools will be able to quickly respond to the needs of the community by bringing together community relationships and assets.

# DEI: Diversity, Equity, Inclusion – Meeting Student and Faculty Needs...Marcia Gonzalez-Monroe and Doris Griggs Nardelli

Organizations must improve diversity, equity, and inclusion (DEI) for their employees and for the students and families they serve. In the wake of the worst pandemic in our lifetime and the rise of the Black Lives Matter and other social movements, there must be lasting change. The focus of organizations from the boardroom meetings to individual needs is to understand and implement DEI best practices in order to deliver superior education that is culturally responsive and changes lives for the better. But how do you begin to bring about this change? This presentation will discuss the current climate and how to foster DEI in your school environment

### Depression In Youth presented by Marcia Gonzalez-Monroe and Doris Griggs Nardelli

Bullying has gained widespread attention as contributing to the increase in organizational costs and the reduction in productivity. In many cases, the victims of bullying cannot achieve success, develop physical illnesses, and in worst case scenarios, retaliate. The WBI (Namie, 2014), estimates that 51% of men and 46% of women have been either the direct targets or witnesses to bullying.



### Embracing School Attendance to Help All Students Succeed ... Melissa Burke

Volusia County Schools Social Services Department has been proactive in developing attendance initiatives to assist students in reaching their educational potential. Our focus is on increasing school attendance by decreasing the chronic absenteeism rate. School Social Workers work collaboratively with assigned schools and community agencies that have partnered with the School District to assist with chronically absent and truant students. Through this collaboration of services, students and parents are offered the maximum support that can be provided in improving their school attendance and academic achievement.

### Embracing the Needs of LGTBQ+ Youth Through Affirmative Care presented by Noelle DeLaCruz

The safety and mental health of Florida's LGBTQ+ students continues to be one of the most contentious issues related to comprehensive student support. Multiple studies indicate the LGBTQ+ youth experience higher rates of bullying, discrimination and harassment, compared to their heterosexual, cisgender peers. This session will explore these inequities and will explore the resulting disproportionate adverse outcomes that LGBTQ+ youth experience. Participants will learn how to provide affirming therapeutic care within the complex legal landscape that currently impacts LGBTQ+ youth in Florida.

### **FLDOE: Student Support Services Update presented by Beverley Wilks**

This workshop will provide an overview of recent legislative updates that have impacted School Social Workers. The legislative updates will include the following: HB 7: Individual Freedom, HB 899: Mental Health of Students, HB 1421: School Safety, HB 1577: Homeless Youth, and HB 1557: Parents' Rights in Education.

# HELP! Advocating for McKinney-Vento Students...Dr. Shamara Byrd, Krysten "Kally" Love and Marta Rodriguez-Rivera

This presentation will help School Social Workers meet the needs of students who meet the eligibility criteria for the McKinney-Viento Homeless Education Assistance Act. This presentation strives to further the understanding of the McKinney Viento Homeless Education Assistance Act guidelines.

# Interprofessional Collaboration Among School Mental Health Professionals: A Best Practice Approach presented by Dr. Shannon Gillespie

The field of School Social Work is part of the historical commitment to social work as seeing individuals as the structures and settings they exist in. However, current School Social Work practice has more of an emphasis on clinical treatment. Due to the lack of resources and ever-growing request, we must collectively discover ways to impact students that affects the school environment. Interprofessional Collaborative practice is an influential way to foster change by incorporating staff at different levels to develop a robust school system.

### Neurobiological Treatment of Trauma...by Hillary Straus

Trauma is structured and needs to be cleared in layers. It has neurobiological underpinnings that need to be accurately mapped to be successfully treated. In this session, you will learn the detailed structure of negative emotions and limiting beliefs that are imprinted along with trauma memories. You will also learn an evidenced based technique from the field of Energy Psychology for rapidly clearing trauma from the conscious mind, subconscious mind, and body.



Retirement Planning: Yesterday, Today, & Tomorrow presented by Dr. Kenneth Gaughan, Dr. Laurel Thompson, Dr. David Chamberlin, Dr. Benita Tillman Brown, Dr. Mev Waskiewicz

School Social Workers and panelists will enjoy a lively discussion and presentation about retirement. Plans, ideals, "lessons learned", and reflections will be considered. All will leave with feelings of wellness and concrete plans to pursue.

### School Social Workers Achieving Renewal Through Self-Care and Stress Reduction presented by Marva Furlongue-Laver

Concerns about Social Worker burnout, compassion fatigue, and social workers leaving the field due to high stress have been a topic of discourse for decades. In 2020, social workers faced new and unique challenges due to the global pandemic and racial and social injustices. The NASW 2021 Amendments included self-care language as a critical component of ethical and professional excellence. This workshop is a proactive approach to supporting social workers to equip themselves with the tools they need to ensure their own positive mental health and wellbeing.

### Stranahan High School – Mentoring Tomorrow's Leaders (MTL) presented by Lilia Francois-Edouard

Featuring students: Lawrence Pascal, Jiya Sarduy, Zachary Whalen, Emilee Williams, Samarah Denis, Edberline Dieurestil, Marc Francois, and Cristina Pascal. Mentoring Tomorrow's Leaders (MTL) is a peer-to-peer mentoring, successful school graduation, and student leadership program. It is comprised of five pillars that focus on Academic Achievement, Mentoring and Family. The supportive and healthy relationships formed between mentors and mentees are both immediate and long-lasting. Additionally, they are exposed to Cultural Events and Networking Opportunities.

### **Student Journey Mapping ... Cristiane Bonella**

This presentation is designed to show you how the ECINS Wheel Assessment is an effective, evidential tool that can measure risk as well as progress and outcomes. This tool allows the student to feel included, empowered and part of their own journey.

### Summer Fun Surviving Childhood ACES presented by Norma Pruitt

Researchers once suggested infants exposed to crack cocaine in utero presented with small heads, were easily agitated, had bad muscle tone along with learning and emotional deficits. Professionals believed we wouldn't be able to hold jobs or develop meaningful relationships. This was inspired by a group of students who fed into the hype. Due to the lack of expectations regarding their success, they believe they will repeat the generational curses which plague our neighborhoods.

### The Grooming of our Youth-Human Trafficking Prevention presented by Dotti Groover-Skipper

Many images come to mind when you hear the term "Human Trafficking", but what exactly is it? How can vulnerable youth best be recognized and helped who may be trapped in this activity? These questions will be answered in this very compelling workshop designed to engage the participant toward action to understand the pipeline process, recognition of the signs, how to report, as well as concrete recommendations to help prevent such activity.

### The Science of Hope (Healthy Outcomes Through Positive Experiences presented by Nikki Daniels

The Science of HOPE is focused on building a collective understanding of the importance of positive experiences, especially for children. We have talked about the detrimental impact of ACES (Adverse Childhood Experiences) for years now and it is important to understand those concepts. It is even more important to support the positive experiences that mitigate the impacts of ACES and promote mental and physical health. Participants will learn about the building blocks of HOPE and how to build them in their own communities.



# Breakout Session Abstracts

# What About My Dad? Encouraging Father & Father Figures Participation for School Success presented by Domilco Heredia and Lourdes Hernandez-Gonzalez

Participants will explore how involved fatherhood/father-figures are linked to better outcomes on nearly every measure of child wellbeing, from cognitive development and educational achievement to self-esteem and pro-social behavior. In all families, a positive, substantial father-child relationship is of enormous value to children and is a significant protective factor in the face of other disadvantages. Delivering a parent education program to both parents is "significantly more effective" than involving just one.

# Working Together: Integrating School Social Work Services into The Multi-Tiered Systems of Support presented by Aja B. Smith

The Multi-Tiered System of Supports (MTSS) is a framework that used multidisciplinary teams to identify, intervene, and monitor the progress of at-risk students. By integrating School Social Work Services into areas such as social / emotional / behavioral and attendance, this framework becomes more effective in helping students achieve in all areas of wellbeing. The workshop will include discussions of barriers that hinder student success / team collaboration; an overview of the Florida Statute for truancy, and interventions for increasing student success.





# Celebrating FASSW's Past, Present and Future Past Presidents

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1989 Kenneth Marsh

1990 Madonna Wise 1991 John Steverding 1992 Alex Weinberger 1993 Sandra "Sandy" San Miguel 1994 Paul Holden 1995 Paul Holden 1996 Kathleen Boyle 1997 David Chamberlin 1998 Rhonda Terpak 1999 Faye Kravitz 2000 Elizabeth King 2001 Barbara Mills 2002 Benita Tillman Brown 2003 Wendy Kall 2004 Donna Sicilian 2005 Wilfredo Nieves 2006 Robert Lucio 2007 Robert Lucio 2008 Douglas Spohn 2009 Douglas Spohn 2010 Beverley Wilks 2011 Beverley Wilks 2012 Wilfredo Nieves 2013 Wilfredo Nieves 2014 Laurel Thompson 2015 Laurel Thompson 2016 Liliana Pardo-Posse 2017 Karie Johnston 2018 Karie Johnston



# Notes





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